

## JOB DESCRIPTION

## **Care Assistant- Older People**

Position Care Assistant

Responsible to Senior Carer and Registered Nurse

## Job purpose

To support and adapt to the needs of the residents in every aspect of their lives through provision of personal care and general day to day activities within the home over a 24 hour period in order to promote independence and respect the dignity of the individual.

## **Core responsibilities**

- Assist the needs of residents where needed according to their person-centred plan and all company policies & procedures, over a 24 hour period as allocated.
- Ensure that all domestic duties required in the home such as making beds, tidying rooms, laundry, collecting and washing of cutlery and crockery and emptying rubbish are completed through supporting residents according to their individual levels of independence.
- To understand, monitor & record residents' conditions and report any changes to the senior care assistant or nurse in charge as necessary.
- To participate in team meetings as required.
- To follow instruction and assigned tasks as decided by the responsible person on shift.
- Assist the activities co-ordinator in the promotion of social, physical and mental activity for the residents.
- Accompany residents to hospital appointments or excursions as required.
- Ensure that all resident rooms are stocked with necessary items ready for the

next shift.

- To provide and assist in waking night duties as allocated.
- Carry out regular scheduled checks throughout your allocated shift.
- In an emergency, immediately seek advice from the nurse in charge and /or the Emergency Services.
- Any other duties as reasonably expected.

In line with Health and Safety Policy the job holder is expected to;

- Take reasonable care of his/her own health, safety and welfare and that of other people who may be affected by his/her actions or omissions.
- To comply with health and safety law and Health and safety Policies and Procedures.
- Not to misuse or interfere with, intentionally or recklessly, anything provided in the interests of safety.

The job holder is also expected to:

- Act in an honest, responsible and respectful manner to others.
- Be responsible for their own professional conduct.
- Comply everywhere and in all circumstances with the laws and regulations connected with their activities.
- Comply with our obligations to our key stakeholders.
- To attend mandatory training as required.

Person specification	
Description	Rating (Essential/ Desirable)
Previous experience in a carers role	D
Good communication skills	Е
Ability to work as part of a team	E
Last updated: 201010 Signed:	
Print Name:	
Date:	