

Position	Wellbeing Assistant
Responsible to	Specialist HCA and Registered Nurse
Job purpose	
To assist the people we care for to enjoy a nutritious and unhurried mealtime experience, support with their wellbeing needs and preparation for the day ahead.	
Core responsibilities	
<ul style="list-style-type: none"> • To support residents to eat their meals in a person-centred approach maintaining choice and dignity throughout. • To support residents to use the bathroom. • To support with the moving and handling needs of the residents. • To have meaningful interactions with the residents cared for, on a one to one or small group bases. Getting to know them, their likes, dislikes and any passions and use these to engage with them to enhance quality of life. • To report any complaints to the Registered Manager and/or the Head Chef as appropriate. • To support with beverages throughout the duration of the shift. • Any other duties as reasonably expected. <p>In line with Health and Safety Policy the job holder is expected to;</p> <ul style="list-style-type: none"> • Take reasonable care of his/her own health, safety and welfare and that of other people who may be affected by his/her actions or omissions. • To comply with health and safety law and Health and safety Policies and Procedures. • Not to misuse or interfere with, intentionally or recklessly, anything provided in the interests of safety. <p>The job holder is also expected to ;</p> <ul style="list-style-type: none"> • Act in an honest, responsible and respectful manner to others. • Be responsible for their own professional conduct. • Comply everywhere and in all circumstances with the laws and regulations connected with their activities. 	

- Comply with our obligations to our key stakeholders.
- To attend mandatory training as required.

Person specification

Description	Rating (Essential/ Desirable)
Experience of supporting people with meals	D
Moving and handling experience	D
Experience of working in a similar environment	D
Good communication skills	E

Last updated: 060226

Signed:

Print Name:

Date: